



2023 MILESTONE POOL

RULES AND REGULATIONS

At Milestone we are committed to fostering an inclusive and welcoming environment in which we take responsibility for each other and are mutually dedicated to the well-being of our community. Milestone is a family friendly pool and all attendees are expected to conduct themselves in a manner that is considerate and respectful to others.

Swim Club Management Group will be managing Milestone pool for the 2023 season. The following rules and regulations have been established for the benefit of all users of the Milestone swimming pool to assure the safe operation of the pool and to provide safe, enjoyable recreation for all. Patrons are requested to cooperate in observing these rules and to obey the instructions of the lifeguards. The pool management has the authority to dismiss anyone from the pool and report the dismissal to the board if his/her actions are judged hazardous or inappropriate in any manner. Failure to comply with the dismissal, until it can be discussed with the Board and SCMG, may justify a longer period of dismissal. Should disagreement arise or other concern, patrons are advised to contact the Milestone pool committee at pool@milestonecommunity.com.

All persons using the pool do so at their own risk. Neither the Milestone Owners Association nor Swim Club Management Group (SCMG) will be responsible for missing valuables or injuries.

Admission policy

1. No one will be allowed in the swimming area unless the pool is officially open and a lifeguard is up on the guard stand. Entry upon the pool premises when it is not open for public use is trespassing.
2. A homeowner's assessment account must be current and non-resident members must have paid for their membership in order to use the pool facility.
3. Every pool area visitor must sign in at the gate before entering the pool. All pool members must have properly and fully registered at milestone.membersplash.com.
4. The Pool management has the authority to close the pool, at any time, in consideration of the health and safety of swimmers. The pool will close and all personnel, whether members or attendants, will vacate the pool area at the first sign of thunder or lightning. It will remain closed for at least 30 minutes after the last sign of thunder or lightning.

Guest Policy

1. Guests must be accompanied by a resident or a non-resident member of the pool.
2. Members are responsible for the actions of their guests.
3. Guest passes are added to your account at registration. Lifeguards will note your guests on your account at check-in at the gate.
4. Additional guest passes may be purchased online at milestone.membersplash.com or at the site office during regular office hours.

Children and Babysitters

1. Children under the age of 10 must be accompanied by a parent or responsible guardian to attend the pool.
2. Children ages 10 and 11 must have a completed Swim Test & Permission Form on file, and must successfully pass a swim test in order to attend the pool without a guardian.
3. Baby-sitters that are 12 through 15 years old are required to have the Red Cross Babysitting Certification or certification from Breath of Fresh Air to be considered guardians in the pool area. Proof of certification must be shown each time you enter the pool.

Swim lesson

1. Swim lessons will be offered through Swim Club Management Group. Interested members can call 804-554-0363.
2. Any outside swim instructors should contact the Milestone Site Manager to show swim instructor certification.
3. A pool member must be present with a certified swim instructor. A guest pass should be used for non members.

Pool Attire

1. Swimmers must wear bathing suits or similarly suitable attire. No clothing not designed for use in swimming pools including cotton clothing, sweatshirts, cut-offs, frayed clothing, etc. shall be allowed in the pool. Swimmers will be asked to get out of the pool and change before returning to swim.
2. Children in diapers and who are not toilet-trained shall not be allowed in any pool unless wearing snug fitting plastic pants over swimmy and/or cloth diapers.
3. No thong bathing suits allowed. Lifeguards may request persons not properly dressed to leave.

General Rules

1. No Alcohol
2. No smoking
3. No glass or breakable plastic permitted.
4. No pets or animals are ever allowed in the pool.
5. No running, pushing, or rough play in any form will be tolerated.
6. No entering the pool water with open sores, poison ivy or other infectious or contagious conditions.
7. No eating while in the water or at its edge.
8. Parents are asked to request that their children use toilet facilities prior to entering the pool, and to explain the sanitary importance thereof.
9. Children who cannot swim, regardless of their age, must be within reach of a parent or a responsible guardian at all times even if wearing a USCG approved flotation device.
10. No snorkeling equipment such as: masks, fins/flippers and snorkels.
11. Only coast-guard approved flotation devices allowed during normal operation hours. This means no floats, water wings, or inflatable lifejackets. See below for exceptions.
12. Pool noodles will be allowed as a flotation device. No rough housing.
13. No squirt guns.
14. No riding on shoulders.
15. No throwing of individuals in the air.
16. No loud or inappropriate music. Bluetooth speakers are allowed.
17. Pick up all trash and clean up your area before leaving.
18. Pick up any left items from the lost and found. Lost and found items will be taken to Goodwill at the end of each month.

Pool Diving

1. All pool visitors dive at their own risk. Head and neck injuries can result from improper diving. To avoid such injuries, always use caution.
2. Diving from the side of the pool is limited to the area designated as the diving well.
3. Only 2 running steps allowed prior to diving from the pool deck.
4. No inward dives, back dives, back flips, or reverse dives allowed from the edge of the pool.
5. No diving or jumping from the swim team diving blocks unless during swim team practice or events under the supervision of the swim team coaches.

Pool Diving Board

1. Swimmer must be able to swim to the ladder and tread water for 30 seconds before using the diving board.
2. Only one person at a time is allowed on the diving board.
3. There may be additional hazards for those over 250 pounds who choose to use the diving board.
4. Wait for the previous diver to reach the side of the pool before diving. Be sure the diving area is clear before diving.
5. Do not double bounce on the diving board.
6. Dive straight off the board.
7. No inward diving is allowed.
8. Do not swim under the diving board.
9. Certain items are not allowed in the diving well. These include flotation devices, goggles, and masks or play equipment.
10. Swimming in and diving from the side of the pool into the diving well is only permitted if there is no one on the diving board preparing to dive.

Baby Pool

1. For children 4 and younger ONLY
2. A parent or guardian must accompany a child at all times, as this area is not under the general supervision of lifeguards.

Flotation Devices

1. Pool noodles allowed
2. Only coast-guard approved flotation devices allowed during normal operation hours. This means no floats, water wings, or inflatable lifejackets.
3. Life jackets, if worn, must be fully secured in the manner that the product was created to be used.
4. Plastic or rubber safety flotation devices that are certified by the USCG are allowed in the pool with proper parental supervision.
5. Non-swimmers using USCG approved life jackets, vests, arm floats or other USCG approved floats must be within arm's reach of parents or responsible guardians.

Safety Break

1. There will be a "Safety Break", called the last 10 minutes of every hour.
2. ALL persons (both adults and children) will get out of the pool immediately when a break is called and will remain out of the water until given permission to go back in the pool by the pool management lifeguards.
3. There will be no safety break the first hour or last hour of the pool day.

Pool parties

1. During regular pool hours, groups of 10 people or more must register with Swim Club Management Group 804-554-0363 at least two weeks in advance to assure proper staffing for safety.
2. Pool members may be required to pay for additional lifeguards as determined by the pool management company.